

Ark VOYAGE

Youth Animation Program (YAP) Special...



News Letter of Don Bosco Animation & Research Kendra, New Delhi

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Captain Speaks...



Our Vision:

Honest Citizens
and
God - Loving Youth

Honest Citizens =
Integrity = Grace of
Unity in the Person

God Loving: God sees
me with Love and Mercy.
I too love Him!
Make me a missionary
of His Love and Mercy.

YAP is the *Raison d'être* for the existence of DB ARK

DB ARK YOUTH ANIMATION PROGRAMS have been unique and a model for others. It has been the result of the R & D Program (Research and Development Function). A comprehensive research was done on a considerably huge population of youth (5000) of all categories by way of gender, age, wealth, education, geographical setting (Urban, Rural, and Rurban), mother tongues, etc. It was comprehensive in as much as it studied the problems, attitudes, values and the semantic differences of these youth.

The main findings showed that more than three-fourth of the youth suffered from Low Self-Esteem. It was related to lack of Self-Awareness, and Self-Discovery. As a result they were not able to love themselves.

The second factor was their inability to relate to others well. This included the family, friends, and those who are different from themselves on various criteria. They also stated that they did not have clear goals or plans for life. They faced difficulties in relating to persons of the opposite gender and enter into true relationships of love. Above all it was found that they had confused ideas of God and His love.



It was this Need-based study that inspired Fr. Joe Arimpoor, SDB to develop the different modules of Youth Animation Programs as early as 1980's.

☀️ Youth Animation Program (YAP) Special...

Captain Speaks ...

Nowadays, so much of importance is given to the Life Skills by WHO (World Health Organization), UNICEF, and UNESCO, and as a result the various Educational Boards in India like the CBSE, ICSE, and the STATE BOARDS, are introducing this topic into their curricula. DB ARK (Don Bosco Animation and Research Kendra) is delighted that at last the realization has come of the need and importance of the Life Skills to be included in the Education Program. **The Holistic Education should take care not merely imparting of knowledge, but also skills, attitudes, and values.**

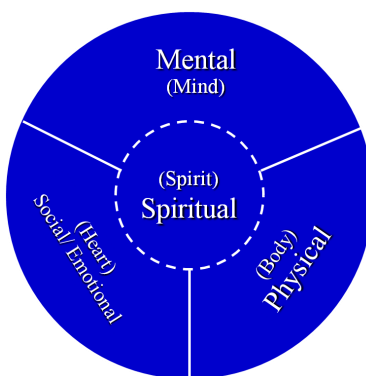
It is to be noted that the skills mentioned by the above mentioned bodies are developed from a mind-set where 'secular approach' is upheld. One has to remember that the concept of 'secular' for the Western mind is to separate the spiritual from the non-spiritual. For the Indian ethos and the mind-set, secular means to recognize, appreciate and uphold all different approaches to God; and hence very spiritual. To leave out the spiritual element in the life skills would result in chaos in the life of the people, be it in the West or the East. I am sure **wisdom will dawn on all educators to include the element of the Spiritual in the Holistic Education that we are trying to promote.**

Mental

Critical Thinking, Creative Thinking, Integration (Synthetic mind)

Social/Emotional

Self Awareness, Self-Discovery, Empathy, and Management of Emotions Interpersonal Relationship, Effective Communication



Spiritual

Communicate and Relate to God, Trust in Him, and Live in His presence.

Physical

Discipline, Determination, and Self Mastery

FULLY HUMAN **YOUTH** **FULLY ALIVE**

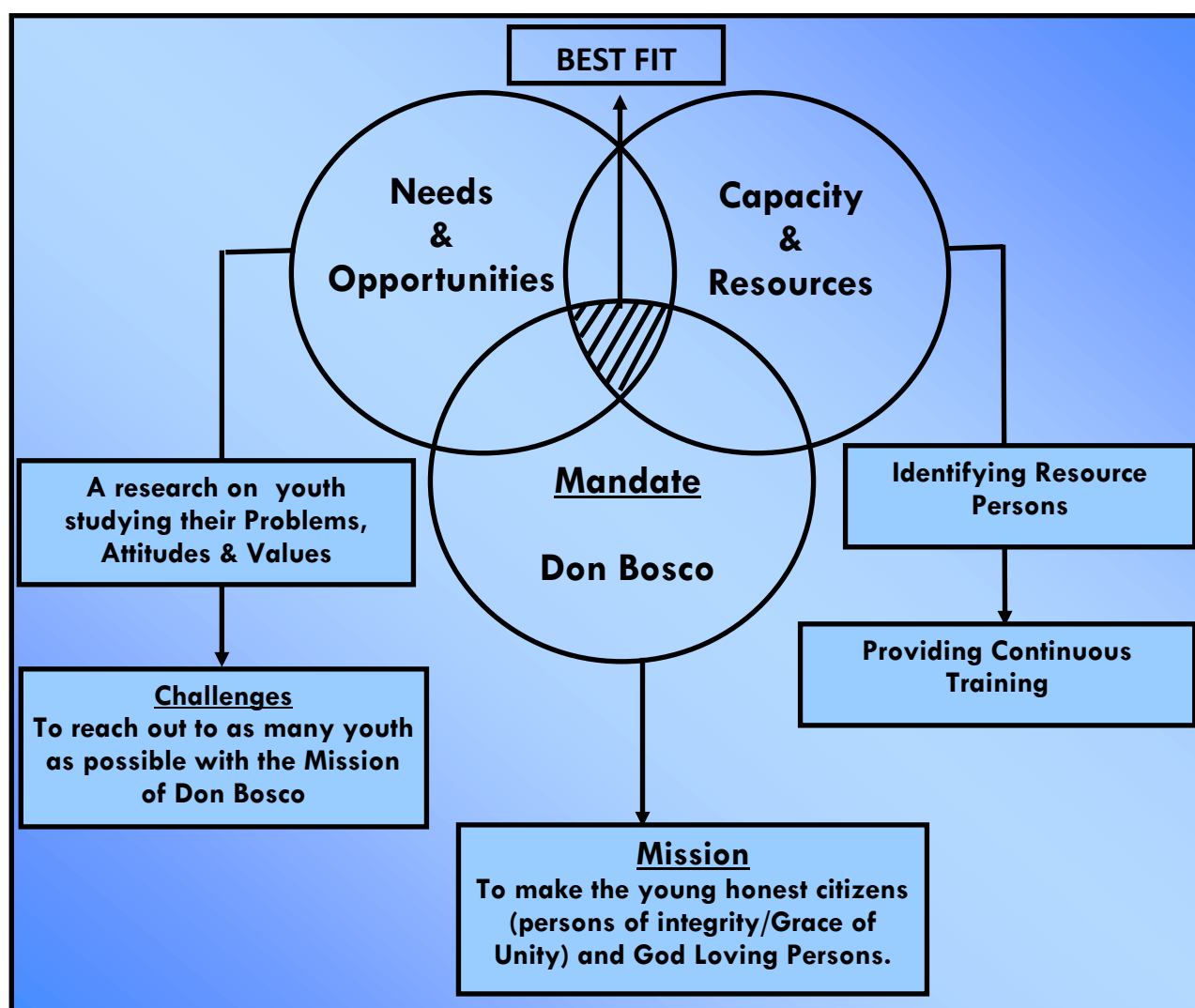
THAT IS OUR GOAL

☀️ Youth Animation Program (YAP) Special...

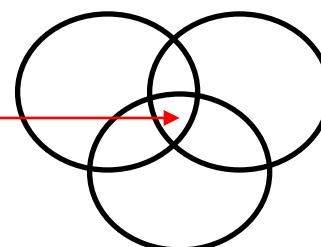
DB ARK towards the fulfilment of its Mission

DB ARK chose its '**best-fit**' approach by identifying the area of confluence where the three circles met:

1. The circle of Needs of the Youth and the Opportunities to meet them
 - *It was arrived at through an extensive and detailed research, and reflection & prayer.*
2. The circle of the capacities, resources, competencies, and the experience that DB ARK could mobilize
 - *Identifying resource persons and equipping them with focused and specialized training provided by DB ARK*
3. Mandate along the mission of the Congregation and the Province
 - *Don Bosco wanted us to reach out to youth... it is enough they are young. The Province Mandate was understood as to focus primarily on the geographic area of the 12 states and the 44 dioceses in the Salesian Province of New Delhi.*



The 'FIT Space' is not a done deal, it keeps enlarging both by way of reach out and its intensity. The R&D department gives the right direction towards this **ENLARGING**



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DB ARK's Youth Animation Programs

1.

3-D Program

**Discover
Develop
Deploy**



**Self
Others
God**

- Enhance Self Esteem
- Improve Inter-Personal Relationship
- Experience God

2.

LBO (Live By Objectives)

- Identify One's Core Meaning
- Live by Values
- Draw up One's Plan of Life

3.

ETL (Education To Love)

- Learning to Love
- Marriage and Sexuality
- Building up a Family

4.

SAIP (Social Awareness and Involvement Program)

- Understanding the Social Reality
- Critical Awareness
- Becoming agents of Social Transformation

5.

GML (God in My Life)

- Discover God in My Life
- My Forgiving God
- God Loves Me

How to Relate to Him?

6.

Media Education

- Critical Understanding of Media
- Media for spreading Truth and Justice
- Use of Media in Social Transformation

7.

Life Skills

DB ARK Youth Life Skills is a Holistic Approach to Life - it includes the following:



- **Thinking**
- **Social**
- **Emotional**
- **Spiritual**



Towards shores beyond

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Different Methods of Reaching Out



CREATIVE PRESENTATIONS



TRUST WALK



OUTBOUND ACTIVITIES

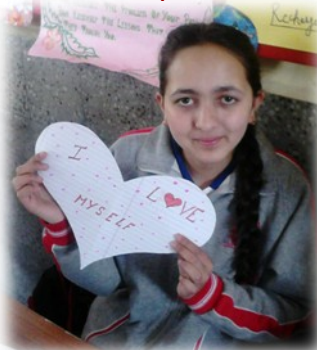


ACTION SONG

Group Activities

Video Clippings

Joyful Learning
through
Action Songs and Active
Participation



Role Plays

Outbound Activities

Sub Group Discussions

Sessions

Interactive Sessions

One - to - One
Accompaniment



GROUP DISCUSSION



**DISCOVERING ONE'S SENERGY
THROUGH VISIONING**



**PRAYERFUL REFLECTION IN
GROUP**



**GROUP DYNAMICS-
'EQUIDISTANCE GAME'**



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Who does it?

The DB ARK resource team that has made and continues to make its dream a reality



The small group that started the DB ARK Mission



Celebrating differences of language, religion, gender, region, educational backgrounds, age... brings out both Synergy and Senergy towards the Mission of DB ARK.



Young, Vibrant, Committed and Learning Animators; always ready to launch far and deep, not counting the cost to reach out to the youth along their wavelength.



Youth Animation Program (YAP) Special...

We reach out to...

JAMMU



MALOUT, PUNJAB



BARAMULLAH, KASHMIR



We reach out to Students in English & Hindi Medium Schools, Parish Youth, and Youth in the Communities/Slum across the Province



MADANPUR KHADAR,
DELHI



BIJNOR, UP



ST. PIUS X CHURCH,
DWARKA

Don Bosco
Technical
Institute,
Okhla



Don Bosco
Yuva Kendra,
Najafgarh



Don Bosco School,
Gadigaon



Don Bosco School,
Kokar



Our Lady of the
Snows School, Kullu



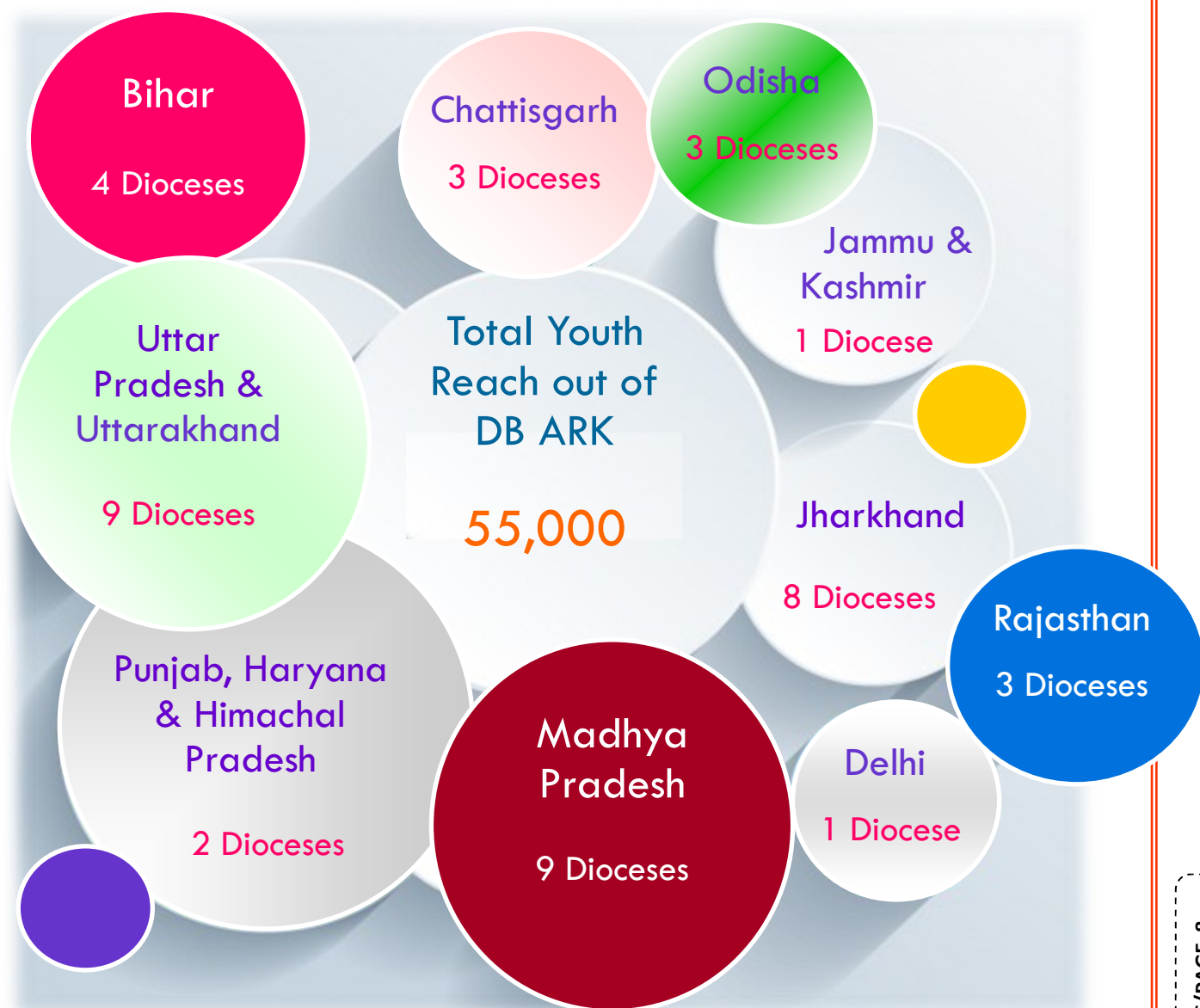
Don Bosco School,
Alaknanda

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YAP Area of Operation & Our Reach-Out

Our Mission Area is large and Youth Population is huge!!!
The harvest is great indeed, and the labourers are few...
May the Lord of the harvest send more labourers into this vineyard.

THE STATES AND DIOCESES OF SALESIAN PROVINCE OF NEW DELHI



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